

Product Catalogue

2021

relish.



Contents

| | | | |
|---------------------------------|-----------|-----------------------------------|-----------|
| Stages | 3 | Sensory Activities | 32 |
| Product Benefits | 4 | Fidget Widgets | 33 |
| The Relish Wellbeing App | 6 | Sensory Sprays & CDs | 36 |
| Pricing | 7 | Sensory Sprays | 37 |
| | | Sensory CDs | 38 |
| Jigsaw Puzzles | 8 | Sensory Packs | 39 |
| 13 Piece - Jigsaw Puzzles | 9 | Scent and Sounds | 40 |
| 35 Piece - Jigsaw Puzzles | 12 | Tactile Match | 41 |
| 63 Piece - Jigsaw Puzzles | 16 | | |
| | | Reminiscence Activities | 42 |
| Arts & Crafts | 20 | Reminiscence Cards | 43 |
| Aquapaints | 21 | Magnetic Picture Boards | 44 |
| Colouring Books | 24 | | |
| | | Brain Teasers - Wordsearch | 45 |
| Games | 25 | | |
| Marble Mazes | 26 | Packs | 46 |
| Bingos | 27 | Puzzle Packs | 47 |
| Golf Target | 28 | Stage Packs | 49 |
| Snakes & Ladders and Ludo | 29 | Variety Packs | 51 |
| Conversation Games | 30 | Care Home Packs | 51 |
| Card Games | 31 | Care Home Packs | 52 |

How to Shop

Online

www.relish-life.com

Phone

0203 488 2001

+44 203 488 2001

8:30am - 5pm

Mon-Fri

Proforma Invoice

0203 488 2001

Account

0203 488 2001

Stages of Dementia



Early Stage

These products can work towards a goal with a tangible outcome like a jigsaw – just the right amount of challenge but totally achievable.



Mid - Late Stage

Products in this group focus on the experience of sensation from the activity and in helping people to move their body in relation to the sensations.



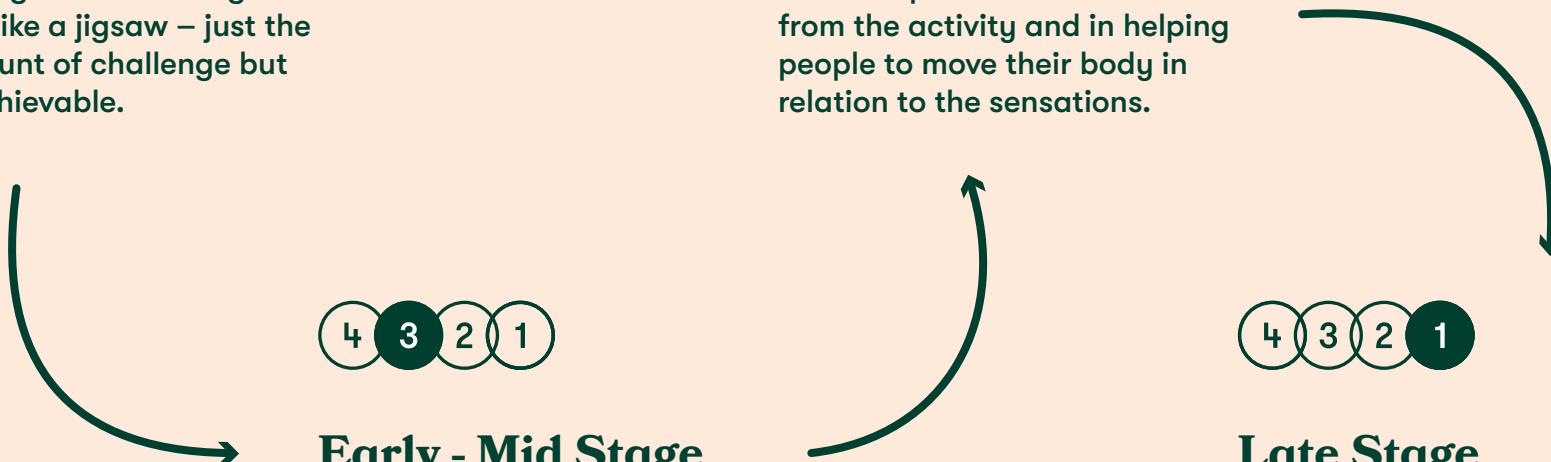
Early - Mid Stage

These products are designed to help people focus on the individual steps of the activity, breaking it into manageable chunks. It's about experience rather than the end result.



Late Stage

In reflex, movement can be subconscious - a response to direct sensory stimulation. People experience feelings inspired by smell, taste, feel of individual products.



Product Benefits



Unlocks personal stories

Everyone has a story to tell about their life and history. It's what makes us special and unique. Putting focus on yourself as an individual and who you are builds a fulfilling sense of identity.



Boosts independence

Building a sense of freedom comes with being able to do something yourself and being given the room to make your own decisions, choices and actions.



Learn something new

Through discovery and continual learning comes satisfaction, achievement and confidence. Developing your abilities and knowledge, even temporarily, proves there's much more life to enjoy and give.



Sparks smiles and joy

Joy is pivotal and can come from so many sources. But the deepest is when it's effortless, spontaneous and shared. The slightest of smiles - uncontrived, sparked and unplanned – can bring immense joy to someone and be infectious.

Product Benefits



Builds pride and purpose

Developing daily purpose, no matter how small, builds a sense of value – both in life, to others and your environment. Mini-successes, new memories, self-pride and sense of importance all add to your place in the world.



Strengthens connections

Strong relationships are the backbone of support, and the feeling of importance to others tackles emptiness and loneliness. Most importantly, connecting with someone lays a platform for shared joy.



Nurtures mind and body

Nurturing the mind and body – something different, something new or even a daily ritual – works those muscles to keep a sense of life.



Reassures comfort and calm

Security brings calm and relaxation and vice versa. Being at ease in your surroundings and reducing self-doubt through enablement makes people feel comfortable and happy.

Find 100s of activities with the Relish Wellbeing App

- Tips and advice to keep active
- Ideas for things to do together
- Helpful videos & tutorials



For more information go to:
relish-life.com/relish-wellbeing-app

relish.

Pricing

Get Started

Free

50 Free Activity Ideas
Personalised Activity Finder
Activity Level Assessment
Helpful Tips & Podcasts
How-to Guides
Printable Activity Resources
1 User

Professional

£1.99
per month

Hundreds of Activity Ideas
Personalised Activity Finder
Activity Level Assessment
Helpful Tips & Podcasts
How-to Guides
Printable Activity Resources

Premium

£79.99
per month

Hundreds of Activity Ideas
Personalised Activity Finder
Activity Level Assessment
Helpful Tips & Podcasts
How-to Guides
Printable Activity Resources
Easy Activity Reporting
Activity Planner
Resident Profiles
Resident Feedback
Resident Wellbeing Tracker
PDF Report Generator
Activity Data
Unlimited Users

Multi-site Premium

**Call for
a quote**

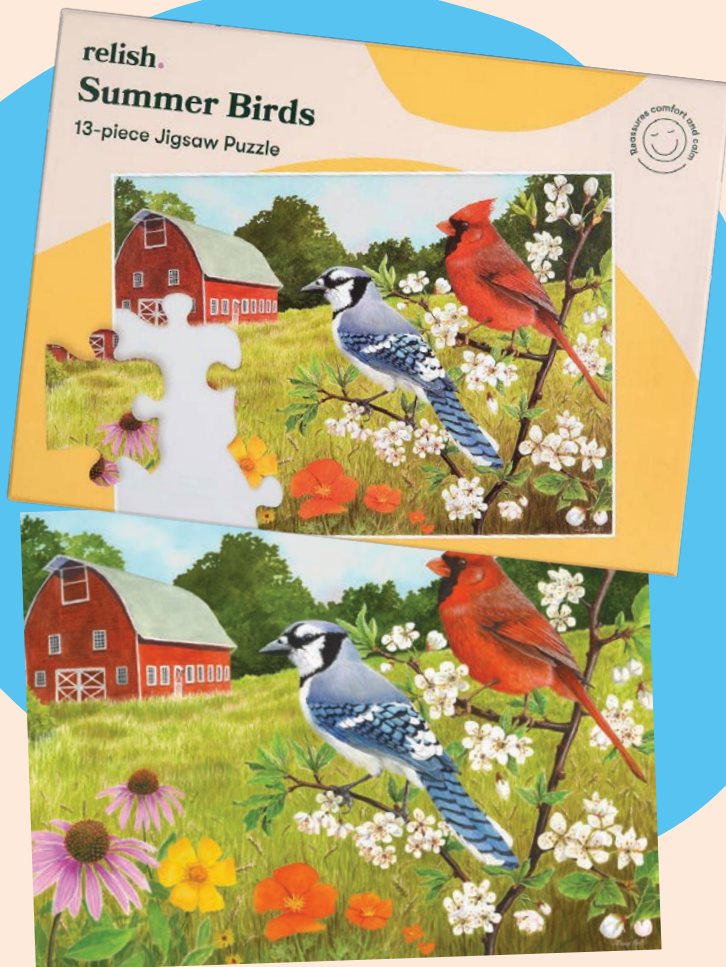
Hundreds of Activity Ideas
Personalised Activity Finder
Activity Level Assessment
Helpful Tips & Podcasts
How-to Guides
Printable Activity Resources
Easy Activity Reporting
Activity Planner
Resident Profiles
Resident Feedback
Resident Wellbeing Tracker
PDF Report Generator
Activity Data
Multi-site Reporting

Jigsaw Puzzles

| | |
|------------------|----|
| 13 Piece Puzzles | 9 |
| 35 Piece Puzzles | 12 |
| 63 Piece Puzzles | 16 |



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13 Piece Jigsaw Puzzles

£12.49 £14.99 inc VAT

4 3 2 1



Reassures comfort
and calm



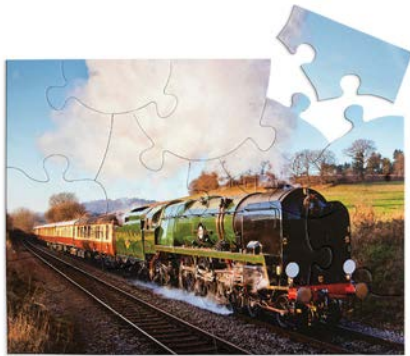
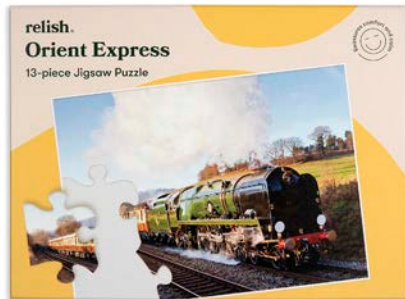
Sparks smiles
and joy



Builds pride
and purpose

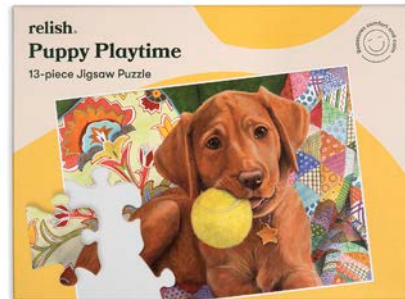
Our 13 piece puzzles provide just the right balance of challenge, interest and engagement for people with dementia. The large pieces are easy to handle and fit in the box perfectly, creating a picture that brings happy memories.

13 Piece Puzzles £12.49 £14.99 inc VAT



Orient Express

BP131R



Puppy Playtime

BP144

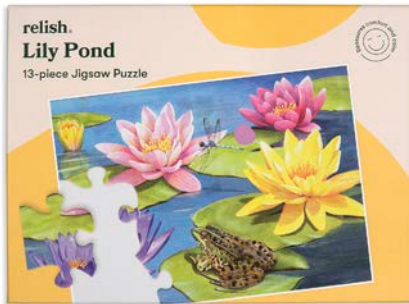


Summer Birds

BP145

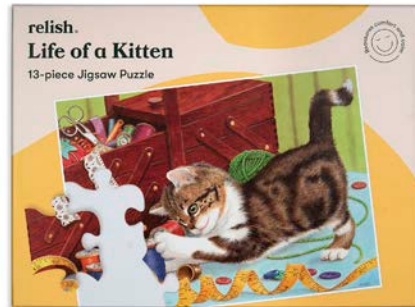


13 Piece Puzzles £12.49 £14.99 inc VAT



Lily Pond

BP146



Life of a Kitten

BP147



Blooming Lovely

BP148

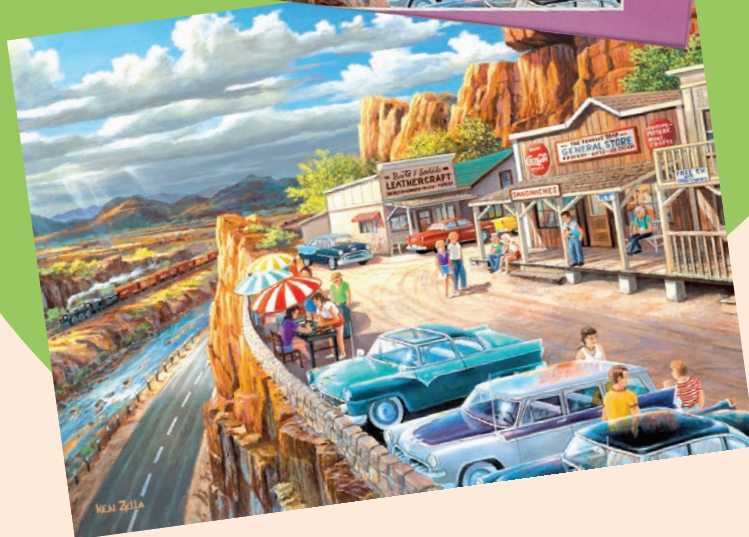
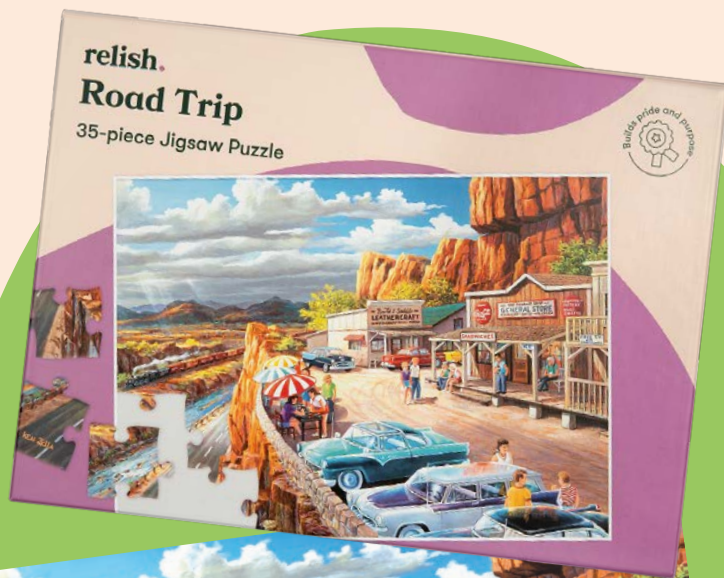


Prized Possession

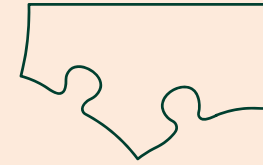
BP149

New in
May 2021

New in
May 2021



35 Piece Jigsaw Puzzles



£12.49 £14.99 inc VAT



Builds pride
and purpose



Sparks smiles
and joy



Boosts
independence

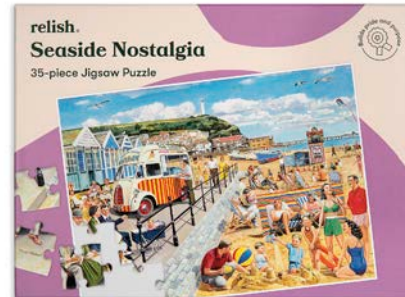
Our 35-piece puzzles provide a good mix of challenge, interest and engagement for people with dementia. The large tiles are easy to handle and fit nicely in the box, creating an image to bring a real sense of satisfaction.

35 Piece Puzzles £12.49 £14.99 inc VAT



Spring Picnic

BP351R

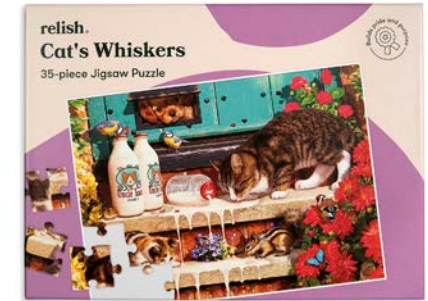


Seaside Nostalgia

BP352R



35 Piece Puzzles £12.49 £14.99 inc VAT



Autumn Market

BP353R

Winter Snow

BP354R

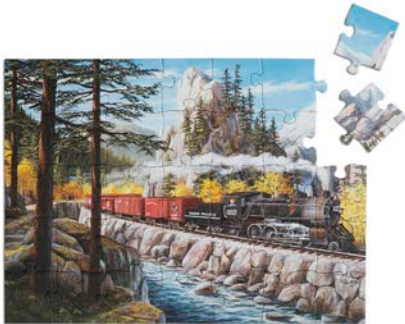
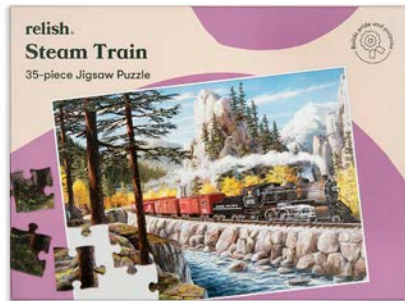
Bathing Birds

BP355R

Cat's Whiskers

BP356R

35 Piece Puzzles £12.49 £14.99 inc VAT



Steam Train

BP359



The Fair's in Town

BP360



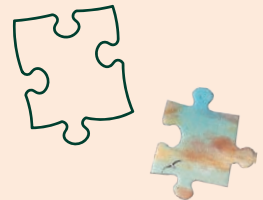
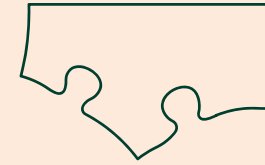
Road Trip

BP358

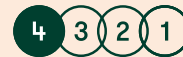
New in
May 2021



63 Piece Jigsaw Puzzles



£12.49 £14.99 inc VAT



Boosts
independence



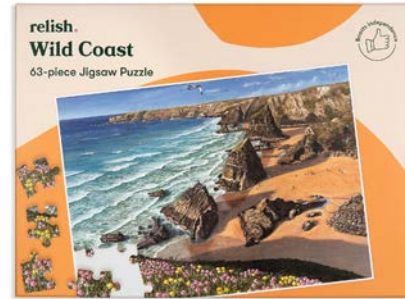
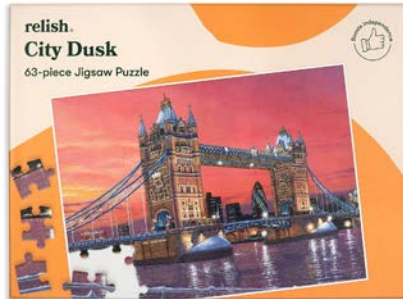
Nurtures
mind and body



Sparks smiles
and joy

Our 63-piece puzzles bring a little challenge to the table for people with dementia. The chunky pieces are easy to assemble inside the box, rousing a sense of pleasure and pride as the beautiful picture appears.

63 Piece Puzzles £12.49 £14.99 inc VAT



City Dusk

BP631R

Wild Coast

BP632R

Monet's Garden

BP633R

Burano Island

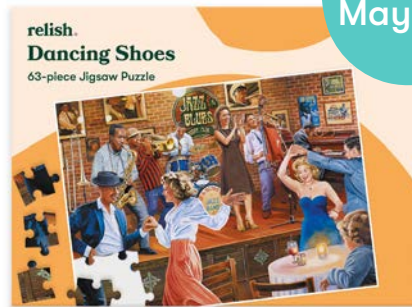
BP634R

63 Piece Puzzles £12.49 £14.99 inc VAT



Farmers Market

BP635



Dancing Shoes

BP637

New in
May 2021



Lakeside Vacation

BP636

New in
May 2021

100 Piece Jigsaw Puzzles

4 3 2 1



Strengthens
connections



Sparks smiles
and joy



Nurtures
mind and body

Our 100 piece puzzles offer that perfect mixture of challenge, reward, and simple pleasure - especially for people with early stage dementia. The larger size of the puzzle means more people can get involved in assembling a beautiful picture over a nice cup of tea.

relish.
Farm Life
100-piece Jigsaw Puzzle





Arts & Crafts

| | |
|-----------------|----|
| Aquapaints | 21 |
| Colouring Books | 24 |



Aquapaints

£14.99 £17.99 inc VAT



Boosts
independence



Sparks smiles
and joy



Nurtures
mind and body



The true magic of the Aquapaints is that people in the later stages of dementia are able to express themselves creatively whilst feeling a sense of joy and accomplishment. Each soothing stroke of the brush, with just a dash of water, reveals a beautiful image below.

* Paintbrush not included

Aquapaints £14.99 £17.99 inc VAT



Wonderful Animals
AQ005R



Home Improvement
AQ009R



Beach Holiday
AQ010R



Garden Wonders
AQ011R

Aquapaints £14.99 £17.99 inc VAT



Home Comforts

AQ012R



Classic Vehicles

AQ013R



Farm Memories

AQ014



Ocean Life

AQ015

Colouring Books

£9.99 £11.99 inc VAT

4 3 2 1



Nurtures
mind and body



Boosts
independence



Reassures comfort
and calm

Sharpen your pencils and bring a little delight to the day! Our beautifully illustrated colouring books aim to engage, stimulate and relax the minds of people living with dementia. The clear outlines and coloured-in suggestions will help lead the way.

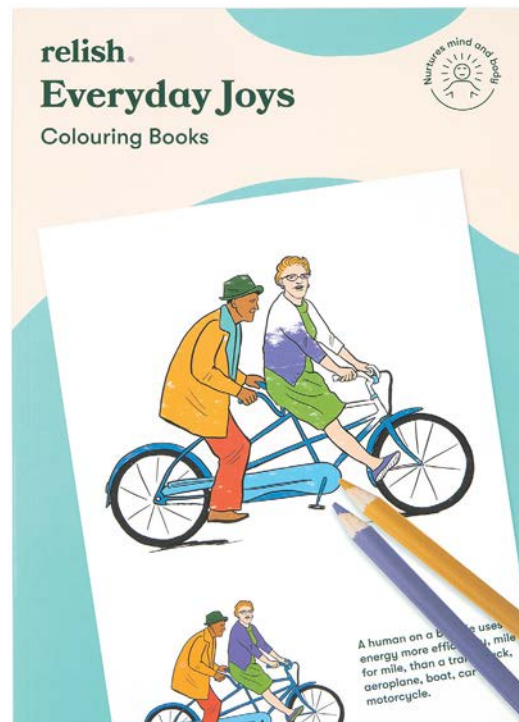
* Colouring pencils not included

Everyday Joys

AA007R

x27

Illustrations

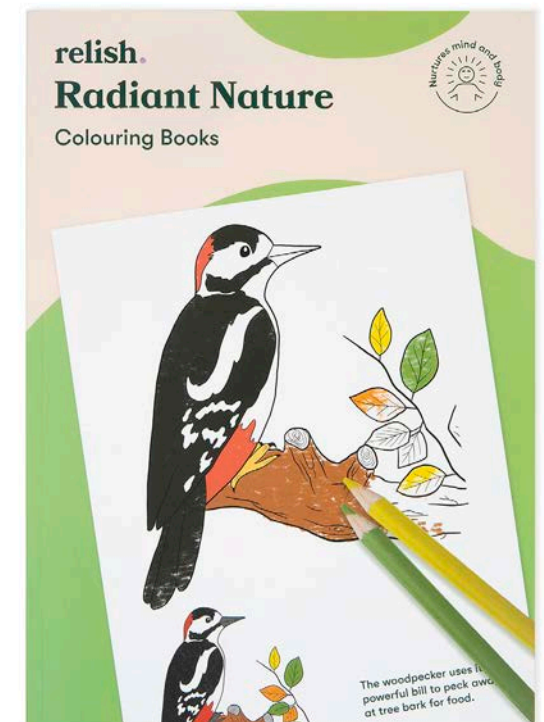


Radiant Nature

AA006R

x27

Illustrations



Games

| | |
|--------------------|----|
| Marble Mazes | 26 |
| Group Games | 27 |
| Conversation Games | 30 |
| Card Games | 31 |



Marble Mazes

£16.66 £19.99 inc VAT

Here's your mission! Guide the marble around the track by tilting the maze with both hands. Go fast or slow and enjoy the journey. It's ideal for people with dementia who have dexterity or visual difficulties, as it's light with bold contrasting colours.

Spiral Maze

AC002



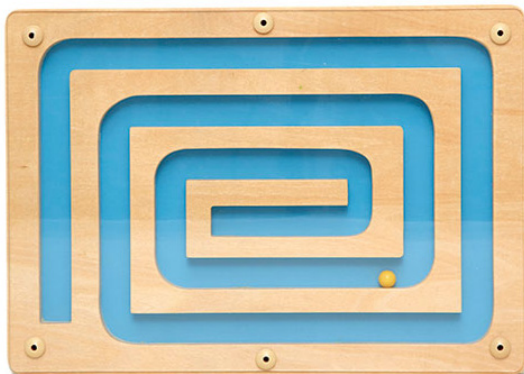
Reassures comfort
and calm



Nurtures
mind and body



Boosts
independence



Track Maze

AC003R



Reassures comfort
and calm



Nurtures
mind and body



Boosts
independence



Circuit Maze

AC004



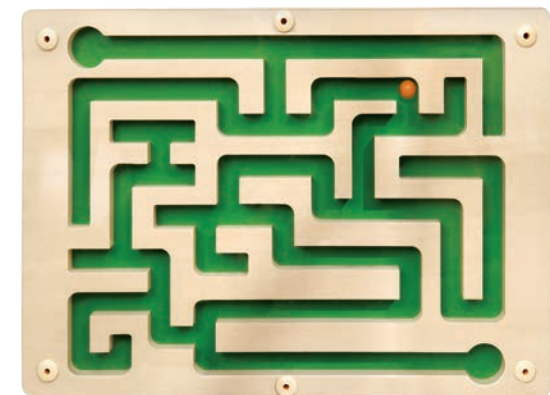
Builds pride
and purpose



Nurtures
mind and body



Boosts
independence



New in
May 2021

Bingos

£20.82 £24.98 inc VAT



Sparks smiles
and joy



Unlocks
personal stories



Strengthens
connections

Gather a team of up to eight, plus a caller to play the sounds and invite people to pop a counter on the matching image on the card. Use the flip book as a prompt. First person with a full house cries “Bingo”!

x8

Caller Cards

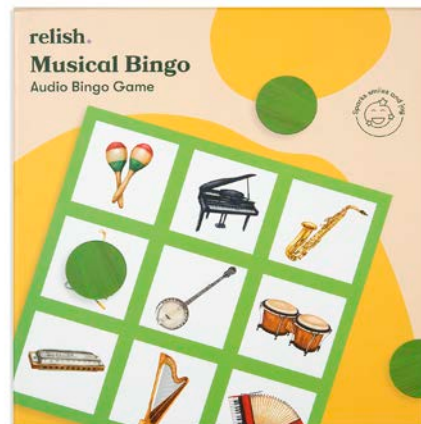
x1

CD of sounds

Musical Bingo

AB013

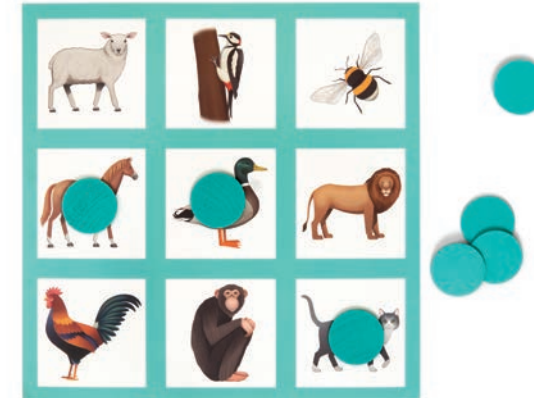
4 3 2 1



Animal Bingo

AB002R

4 3 2 1



Golf Target

AB006bR

£20.83 £25.00 inc VAT



Nurtures
mind and body



Boosts
independence



Sparks smiles
and joy

Time to stretch those limbs, have a giggle with family and friends and unleash a little competitive spirit. Space the target mats out on the floor and take it in turns to throw the bags as close to the hole as you can. The closer you get, the more points you win!

* Golf mats are 48cm x 48cm



x4

Bean Bags



x3

Golf Mats



Snakes & Ladders and Ludo

AB012R

£16.66 £19.99 inc VAT



Sparks smiles
and joy



Boosts
independence



Strengthens
connections

Bring the family together for double the fun with these two classics! The strong contrasting colours, clear designs, easy-to-handle Dice Cards and large counters make it perfect for people with dementia and visual difficulties.

x2

Games

x4

Players



Conversation Games

£9.99 £11.99 inc VAT



Strengthens connections



Learn something new



Nurtures mind and body

This game ignites lively conversation and debate around the topic of hobbies. Simply roll the dice and follow an instruction like “Pick 2 tiles. Which do you DISLIKE?” It’s wonderful for discovering your family’s thoughts and opinions.

* Tiles are 7cm x 2.5cm

Hobbies

AB009R



x1

Question Die

Jobs

AB010R



x24

Word Tiles

Card Games

£6.66 £7.99 inc VAT



Strengthens
connections



Boosts
independence



Sparks smiles
and joy

Bring your competitive spirit for a friendly game of Snap. Choose from three variations with different difficulty levels - Snap, Pairs, or Full House.

Designed for people with early to mid-stage dementia, the illustrated cards feature easily recognisable images in bold contrasting colours, so that players can enjoy a lively game with friends and family with little to no assistance.

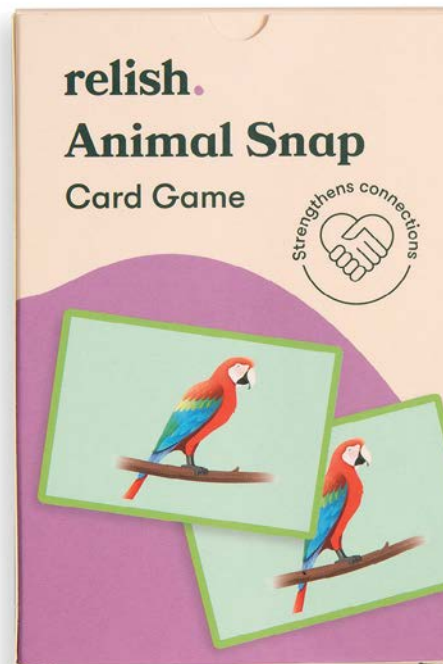
This product was inspired to support cognitive stimulation therapy which prompts people with dementia and Alzheimer's to think creatively, and has proven to have positive effects on cognition and quality of life.

Animal Snap

AB011R

x48

Image Cards

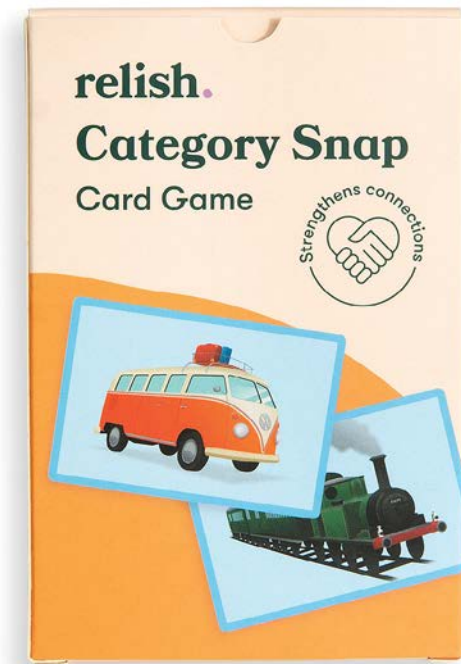


Category Snap

AB005R

x36

Image Cards



Sensory Activities

| | |
|----------------|----|
| Fidget Widgets | 33 |
| Sensory Sprays | 37 |
| Sensory CDs | 38 |
| Scent & Sounds | 40 |
| Tactile Match | 41 |





Fidget Widgets

4 3 2 1



Reassures comfort
and calm



Nurtures
mind and body



Boosts
independence

These lovely wooden Fidget Widgets bring calm and engagement to busy hands and unsettled minds. Invite someone with dementia to delight in the simple pleasure of twisting, turning, sliding, rolling and spinning in the hand or practice the repetitive movements.

Fidget Widgets £10.82 £12.98 inc VAT



Turn
FW001R



Slide
FW002R



Roll
FW003R



Fidget Widgets £10.82 £12.98 inc VAT



Spin
FW004R



Twist
FW005R



Fidget Widget Toolkit

FW006R

£49.96 £59.95 inc VAT





Sensory Sprays & CDs

4 3 2 1



Reassures comfort
and calm



Nurtures
mind and body



Strengthens
connections

The true magic of the Aquapaints is that people in the later stages of dementia are able to express themselves creatively whilst feeling a sense of joy and accomplishment. Each soothing stroke of the brush, with just a dash of water, reveals a beautiful image below.

Sensory Sprays £8.32 £9.98 inc VAT



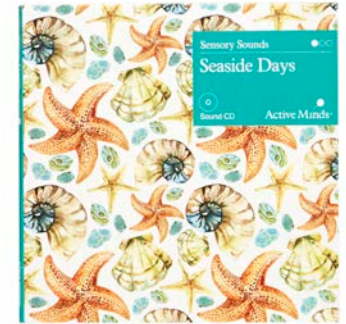
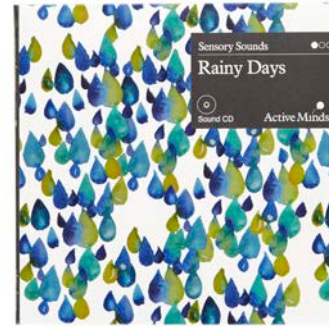
Forest Days
ST009

Garden Days
ST010

Rainy Days
ST011

Seaside Days
ST012

Sensory CDs £4.99 £5.99 inc VAT



Forest Days

ST005

Garden Days

ST006

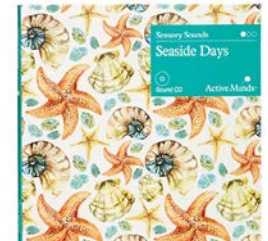
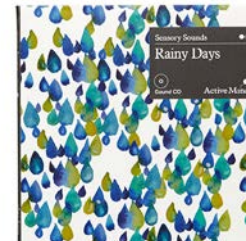
Rainy Days

ST007

Seaside Days

ST008

Sensory Packs £13.32 £15.98 inc VAT



Forest Bundle

ST013

Garden Bundle

ST014

Rainy Bundle

ST015

Seaside Bundle

ST016

Scent and Sounds

£20.82 £24.98 inc VAT

4 3 2 1



Reassures comfort
and calm



Sparks smiles
and joy



Unlocks
personal stories

Put your feet up and delight in a journey down memory lane to your home through a powerful combination of sound and scent. Simply play the CD and enjoy a matching scent for each of the three themes.

x3

Scents &
Sounds

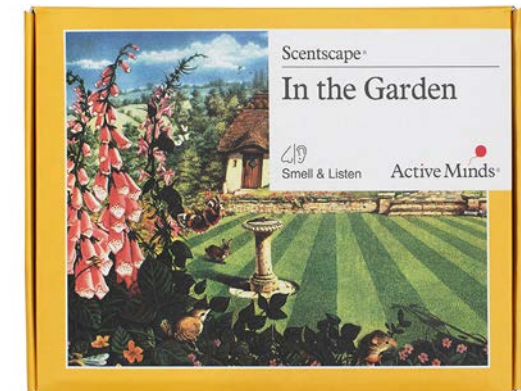
x1

CD

At Home SM006



In the Garden SM007



Tactile Match

TC001R

£16.66 £19.99 inc VAT



Strengthens
connections



Sparks smiles
and joy



Builds pride
and purpose

This playful game is a feast for the sense of touch. Enjoy feeling the textured tiles and matching them to the right image – or grouping them together through association. It's a great talking point for people with dementia and especially calming for later stages of dementia.

x6

Tactile Tiles



Reminiscence Activities

| | |
|-------------------------|----|
| Reminiscence Cards | 43 |
| Magnetic Picture Boards | 44 |



Reminiscence Cards

£9.99 £11.99 inc VAT

4 3 2 1



Reassures comfort
and calm



Unlocks
personal stories



Strengthens
connections

Reminiscence Cards provide the perfect cue to sit and relax together, and tell the stories of your life. The evocative series of pictures and conversation prompts help you reminisce and smile about joys and memories.

x15

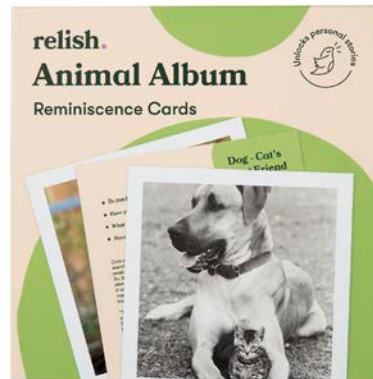
Reminiscence
Cards

x1

Timeline

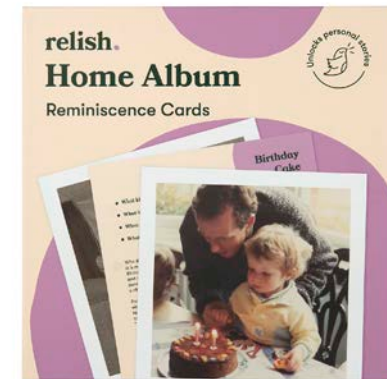
Animal Album

RM001R



Home Album

RM002R



Magnetic Picture Boards

£16.66 £19.99 inc VAT



Boosts independence



Unlocks personal stories



Builds pride and purpose

This collection of beautifully illustrated magnetic pieces invites people with dementia to create a comforting and conversation-sparking scene from the baking cupboard. Let your imagination roam free arranging the ingredients onto the background.

The Baking Cupboard CS008R



Handyman CS006R



Brain Teasers - Wordsearch

BW003R

£9.99

4 3 2 1



Learn
something new



Boosts
independence

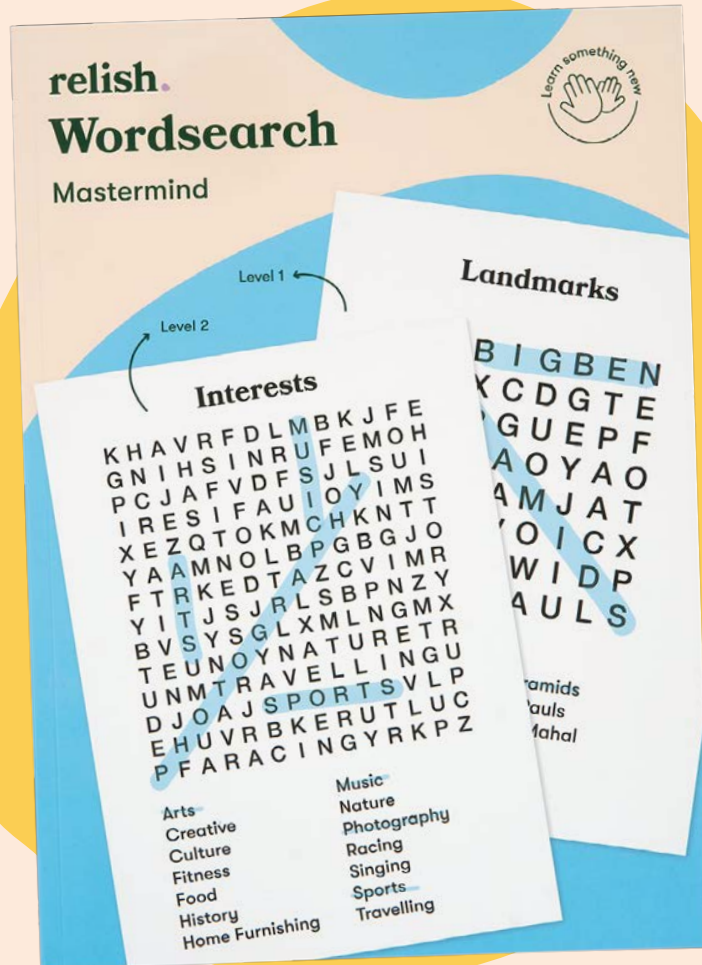


Nurtures
mind and body

Pick a theme and hunt down the words hidden within the grid of letters. Spot them vertically, horizontally, diagonally – and even backwards. It's tremendous fun and a jolly good brain workout for people with dementia.

x60

Wordsearches





Packs

4 3 2 1

Looking for a hand-picked collection of activities for someone with dementia? We've gathered together some of our favourite and most-popular products.

Please note, the contents of the packs may vary due to available stock. Items of equal value will replace any unavailable items.

Please contact us if you would like a list of the current products for each bundle.

Puzzle Packs

13 Piece Puzzle Pack SP021R

£44.96 £53.96 inc VAT

Save
10%



35 Piece Puzzle Pack MP021R

£44.96 £53.96 inc VAT

Save
10%



Puzzle Packs

63 Piece Puzzle Pack SP020R

£44.96 £53.96 inc VAT

Save
10%

4 3 2 1



Mixed Puzzle Pack SP010R

£89.93 £107.91 inc VAT

Save
10%

4 3 2 1



Stage Packs

Early Stage Pack SP1004

£40.46 £48.56 inc VAT

Save
10%

4 3 2 1



Early-Mid Stage Pack SP1005

£44.96 £53.96 inc VAT

Save
10%

4 3 2 1



Stage Packs

Mid-Late Stage Pack SP1006

£54.72 £65.67 inc VAT

Save
10%



Late Stage Pack SP1007

£50.20 £59.99 inc VAT

Save
10%



Variety Packs

Aquapaint Pack MP020R

£62.45 £74.95 inc VAT

Save
10%

4 3 2 1



Care Home Packs

Starter Pack MP035R

£294.49 £353.39 inc VAT

Save
15%

4 3 2 1



Care Home Packs

Boredom Buster SP999R

£419.50 £503.40 inc VAT

Save
15%

4 3 2 1



Complete Collection MP036R

£841.72 £1,010.06 inc VAT

Save
30%

4 3 2 1



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